## The Wave MARCH 2019

#### St. Peter's Episcopal Church-on-the-Canal - Buzzards Bay, Massachusetts

# FROM THE RECTOR The Reverend Sue Lederhouse

#### STATIONS OF THE CROSS

If you have been part of the Roman Catholic faith, you may be very familiar with Stations of the Cross. These stations represent events that took place during our Lord's passion and death. Many Roman Catholic Churches have them on their walls and they come in many varieties from very ornate to quite simple, but I don't think any churches have Stations of the Cross that rival the ones at St. Peter's!!

About 10 years ago, these art works began appearing on the wall by the lectern and one by one they have spread around the corner to the walls in the back of the church and around the corner toward the piano. As each station has appeared, it has been blessed during a worship service and admired by all.

Marc Fuller has been the author and crafter of these stations. Marc grew up at St. Peter's and making these stations has been a labor of love for him and a memorial to his parents, Grace and Sol Fuller, who were very active members of this parish as well. **THANK YOU, MARC, for your dedication to this project and for the beauty and spirituality of each of these Stations of the Cross!** 

On March 3, we will dedicate the 14<sup>th</sup> station – the last in the series – and we are now ready to launch the service of Stations of the Cross during this Lenten season! Each Thursday afternoon after our Lenten study ends at 3:30 pm, we will gather in the Church and use the service found in our BOOK OF OCCASIONAL SERVICES as we walk the STATIONS OF THE CROSS. Booklets containing the service will be available for all. At each station, we will have a reading and a prayer and a time for silent meditation. As we walk, we will be following in the footsteps of the early pilgrims to Jerusalem as we remember Jesus in the last week of His life on this earth.

Please come and join us - THURSDAYS at 3:30 pm - MARCH 7-APRIL 11

Blessings on your Lenten journey,

Sue Lederhouse+

#### THE DEACON'S CORNER

March is coming. In like a lion, out like a lamb they say. Something really important is just around the corner, do you remember what it is?

What's that you say? First Day of Spring? St. Patrick's Day? National Puppy Day? Johnny Appleseed Day? I am in Control Day? Panic Day? Mardi Gras Begins? Hug a GI Day - Where was that when I was in the Army? "March Madness" College Basketball Tournament? R-i-g-h-t. These are all real days on the calendar, but not quite what I had in mind.

Actually, it's time for the Shrove Tuesday Pancake Dinner, Ash Wednesday and the beginning of Lent.....all month, and into April too. I'm going to leave the "heavy theological lifting" on that subject for Rev. Sue. I'm absolutely certain that she'll have a great deal to say on that subject, and will say it better than I can. As for me, I'm going to keep it simple, "bunny rabbit english" simple.

Coincidentally, I'm up to my ears right now in a massive family financial planning exercise. Investments? Budgets? Health and Long-Term Care Insurance? Wellness? The whole enchilada. As I was trying to write this month's Wave offering it came to me that Lent is really a lot like that but, with a different emphasis. Where am I spiritually invested right now?

Are my priorities right? How about stewardship of my assets, my time and talents? Am I allocating my resources to the right things? Do I have a spiritual wellness plan? Do I love God more than these other things? Do I love my neighbor as I ought? Are my actions in line with what I profess to believe?

Lent gives us a chance to assess our spiritual health. Let's approach it as a time of spiritual reflection and growth, rather than as just another obligation, an opportunity to get in touch with the real "Ground of our Being." Sign up for one of the Bible Study Classes we will be offering, or get creative and pursue other opportunities on-line, or in the larger community. You don't have to give something up. You can take on something new instead. Join us!

Deacon Robert Sherwood

#### NO VISIBLE VESTRY THIS MONTH

The Vestry held their annual retreat and February Vestry meeting on February 23, after the deadline for this month's WAVE. There will be information about both the February and March Vestry meetings in the April edition of the WAVE.

#### SHROVE TUESDAY - MARCH 5 - PANCAKE SUPPER AND GAMES

St. Peter's will observe Shrove Tuesday, **March 5** with a traditional Pancake Supper and Game Night starting at **6 p.m**. in Stephenson Hall. Please feel free to bring your friends and neighbors, and don't forget your favorite board games! We will also be "burying our Alleluias" again both in art work and in song. It will be a fun time for all. SIGN UP ON THE SHEET IN THE NARTHEX AND PLEASE TELL US HOW MANY WILL ATTEND! **We will not be having our traditional pancake breakfast again until May.** 

#### ASH WEDNESDAY SERVICES - MARCH 6 - 12 NOON & 7 PM

Lent begins with our Ash Wednesday observances on **March 6**. We will have a spoken service with Imposition of Ashes and Eucharist at 12 noon. Then there will be a service with choir and Imposition of Ashes and Eucharist at 7 p.m.

## LENTEN STUDY STARTS MARCH 7 - "BIBLE FOR DUMMIES" - PART 2

How much do you know about the Bible? Want to know more? This is your chance! No one of us knows everything but all of us know something and this is your opportunity to learn something more!

Last year during Lent, our "Bible for Dummies" series focused on the Old Testament. This year we will delve into the **New Testament**. You do not have to have come to last year's Lenten Study in order to be part of this year's – all are welcome!

This study will run on Thursday <u>afternoons</u> from March 7 through April 11 from 2:00 – 3:30 p.m. Please contact Rev. Sue if you have any questions. **SIGN UP IN THE NARTHEX TODAY!** 

#### STATIONS OF THE CROSS

We are so thankful that our Stations of the Cross are now complete. The 14<sup>th</sup> Station of the Cross will be dedicated on March 3. Marc Fuller has done an amazing job of crafting each one of these Stations that commemorate our Lord's passion and death. Thank you, thank you, Marc!

As noted in the lead article in this WAVE, we will be walking the Stations of the Cross each Thursday afternoon in Lent (March 7 – April 11) at 3:30 p.m. Please come and join in this ancient Lenten worship practice.

#### AND A FEW WORDS ABOUT LENT AND OUR LENTEN WORSHIP

One of the hardest things in Lent is to remember NOT to say Alleluias and we begin that practice on Ash Wednesday, March 6.

On the First Sunday of Lent, **March 10**, we will use The Great Litany for the first part of each of the services. For each Sunday after that, through **April 7**, we will use the Penitential Order for the first part of each service. As we did in previous years, we will have a bulletin insert for this. At the 8 a.m. service during Lent, we will use Eucharistic Prayer I (p. 333); at the 10 a.m. service, we will use Eucharistic Prayer A (p. 361). The service music will be the same as we have used in previous years with a bulletin insert for your convenience.

Refreshment Sunday, the Fourth Sunday of Lent, is **March 31** and the strictures of Lent are a little relaxed. We will use our rose vestments and altar hangings.

Palm Sunday is April 14 and Easter is almost as late as it can be on April 21. Look for more information about Palm Sunday, Holy Week, and Easter in the April WAVE.

#### DAYLIGHT SAVINGS TIME STARTS MARCH 10

Don't forget to SPRING FORWARD – set your clocks <u>ahead</u> 1 hour on **SUNDAY, MARCH 10** or you'll be late for church!

#### ST. PETER'S SUBSTANCE ABUSE PREVENTION SUPPORT GROUP

Two quick announcements:

- 1. Thank you for your continued support of our change collection for the Bourne Substance Free Coalition. This month alone, you all donated \$191.80! This money is used to provide speakers, some of whom have suffered addiction themselves, t-shirts for anti-drug events, and the presentation of "Hidden in Plain Sight" exhibits.
- 2. Our second announcement is a Save the Date. We are planning a Pizza Party fund raiser on Friday, May 10, 2019 at St. Peter's. Our menu will include pizza, salads and, of course, dessert Make Your Own Sundae. So mark your calendar more information will follow.

Celeste Hankey

### WOMEN'S BIBLE STUDY - MARCH 11 & 25 - 12:30 P.M.

On March 11, we will be studying The Real Mother and the False Mother from the First Book of the Kings. King Solomon has a surprising solution to their case. On March 25, we will look at Wise Woman of Tekoa, the woman who speaks the most in the Second Book of Samuel and has much to say to King David. No previous Bible knowledge is required. A Bible is helpful but if you don't have one, we can provide one for you. The group normally meets on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month at 12:30 p.m. All women of the parish are invited. Bring a bag lunch and there will be coffee/tea and goodies provided.

## MEN'S BREAKFAST GATHERING - MARCH 16 - 8:00 A.M.

The men of the parish will gather together for their monthly breakfast. Plan to be present for a time of food and fellowship at 8:00 a.m. on Saturday, February 16, at Persy's Place, 3198 Cranberry Highway in East Wareham. The restaurant is on the same side of the highway as Lindsey's, next to Upper Cape Realty. All men are welcome! Contact Ken Lihzis for more information (774-212-0453 or klihzis@gmail.com)

#### HEALING SERVICE - MARCH 17 - 9:00 A.M.

Each month, a faithful group of parishioners gather to join in a service of prayers for healing, anointing, and laying on of hands. This service is normally held on the third Sunday of the month, which will be **Sunday, February 17 at 9 a.m.** All are welcome.

#### LENTEN QUIET DAY - MARCH 23 - 9:30 - 12:30

Do you know where you're going? Do you ever wonder if you're on the right path? Is God leading you in a new direction? What new things is God calling you to accept in your life?

Do these kinds of questions keep you awake at night?

This Lent, St. Peter's is offering a time to contemplate these questions in the company of others and through the help of the Holy Spirit. We will particularly focus on Mary at the time of the Annunciation (which is celebrated in the Church Year on March 25).

Come experience a Lenten Quiet Day at St. Peter's on March 23 from 9:30-12:30 presented by our own Margery Buckingham who is a student in Spiritual Direction at the General Theological Seminary in New York City.

This will be an excellent addition to your Lenten Journey.

For more information, contact Margery by email at <a href="mailto:morganbuckingham@msn.com">morganbuckingham@msn.com</a>

#### FUNERAL FOR DON SMITH - MARCH 30 - 12 NOON

Our friend and fellow parishioner, Don Smith, died on January 5. The family asked to delay his service so that all the family could be present and that weather might not be so much of an issue. Thus, we will be gathering together on **Saturday, March 30, at 12 noon**, to celebrate Don's life and mourn his passing. Please mark your calendar and be present to honor a man who was so much a part of the life of St. Peter's.

#### THE VILLAGE AT CATAUMET NEEDS YOUR HELP!!

St. Peter's has for several years provided aid to the families living temporarily at the Village at Cataumet. Parishioners have supplied various needs, choosing a different category each month to help these families. For the month of March, we are collecting cooking and serving items including pots, pans, dishes, cutlery and utensils. These can be left in the Narthex in the provided baskets under the pews. Children's clothing in good condition is accepted every month. Thank you to all parishioners who participate in this wonderful outreach. These donations have been so gratefully received by families who have endured a period of homelessness.

#### ALTAR FLOWERS AND SANCTUARY LAMP DEDICATIONS

Altar Flower and Sanctuary Lamp charts have been posted for 2019 outside the Church Office. Please fill out a pink request form and submit it to the Church Office to make a request. Secretary Kathy will fill in the name(s) on the poster. Dates may be selected far in advance. Payment may be made at a later time but must be made <u>before</u> the chosen date (\$35 for flowers, \$7 for Sanctuary Lamp).

#### MAINTENANCE NEEDS

If you see something that needs to be done (a light that has burned out or some other maintenance project), write it on the list on the freezer in the kitchen. Thanks for your help!

### COFFEE HOUR WANTS YOU!!

A Coffee Hour sign-up sheet is posted in the Narthex for early 2019. Share the fun and sign up with a friend! We appreciate your generous donations of baked goods, fruit, or other goodies you'd like to share! Monetary donations are accepted every Sunday to help defray the cost of St Peter's providing coffee and tea, cups, napkins and other essentials to ensure everyone enjoys this time of fellowship.

#### PRAYER CHAIN

When you have a prayer request, please contact the Rev. Sue Lederhouse at 508-240-2853, or Lynne Brune at 508-295-6146, or Priscilla Ellis at 508-563-7786. If you would like to join the Emergency Prayer

Chain and commit to praying for those in need, please contact one of the individuals listed above and specify if you would like to receive information by email or by phone.

Individuals will remain on the Prayer Chain for 2 weeks unless updated. All requests will be treated confidentially and only shared with those on the Prayer Chain. Please let us know if you would also like to add the prayer request to the Sunday bulletin.

#### CAN WE E-MAIL YOU?

We make THE WAVE available electronically to anyone who would prefer to receive it via e-mail. This enables us to save money on both paper and postage. When you send your e-mail address, along with your name and mailing address (for clarification) to <a href="mailto:susanhebb@comcast.net">susanhebb@comcast.net</a> she will add your name to a list, and you will receive the next month's newsletter by that means; subsequently your name will be removed from the print mailing list.

#### CAPE COD AREA SUPPORT GROUP MEETINGS

**CONSOLING PARTNERS / ADDICTION LOSS:** Meets on the third Wednesday of every month (March 20), from 6:30-8:00 p.m. at Corpus Christi Parish Hall, 324 Quaker Meeting House Rd., East Sandwich.

#### NEWSLETTER DEADLINE

The Newsletter Deadline for the **April** issue is Friday, **March 22**. Send all articles to Susan Hebb at susanhebb@comcast.net

## MARCH 2019

4	Monday	6:30 p.m.	Inquirers Class
5	Tuesday	6:00 p.m.	Shrove Tuesday Pancake Supper
6	Wednesday	12:00 p.m. 7:00 p.m.	Ash Wednesday Service Ash Wednesday Service
7	Thursday	2:00 p.m. 3:30 p.m.	Lenten Study Stations of the Cross
10	Sunday		USE PREVENTION SUNDAY NGS TIME BEGINS Confirmation Class
11	Monday	12:30 p.m. 3:33 p.m.	Women's Bible Study Substance Abuse Prevention Group
14	Thursday	2:00 p.m. 3:30 p.m. 6:00 p.m.	Lenten Study Stations of the Cross Deanery at St. Mary's / Provincetown
16	Saturday	8:00 a.m.	Men's Breakfast Gathering
17	Sunday	9:00 a.m.	Healing Service
19	Tuesday	3 – 6 p.m.	Paper Pantry
21	Thursday	2:00 p.m. 3:30 p.m.	Lenten Study Stations of the Cross
22	Friday		NEWSLETTER DEADLINE
23	Saturday	9:30 – 12:30	Lenten Quiet Day
25	Monday	12:30 p.m.	Women's Bible Study
28	Thursday	2:00 p.m. 3:30 p.m.	Lenten Study Stations of the Cross
30	Saturday	12 noon	Funeral Service for Don Smith

UPCOMING DATES						
April 19 June 9	Good Friday Pentecost	April 21 June 15	Easter Confirmation			
June 23	Rev. Sue Last Sunday / Bp. Gayle Visitat	ion				

## Weekly Schedule

Sundays	8:00 a.m. 10:00 a.m. 11:30 a.m.	Holy Eucharist, Rite I Holy Eucharist, Rite II Choir Rehearsal
Mondays	10:00 – 4:00 11:00 a.m. 5:15 p.m. 7:30 p.m.	Church Office Open Bible Study Friendly Kitchen AA (Men's Closed Meeting)
Wednesdays	7:30 p.m.	AA (Co-ed Open Meeting)
Thursdays	8:30 a.m.	TOPS (Take Off Pounds Sensibly)
Fridays	10:00 – 4:00	Church Office Open

## St. Peter's Episcopal Church -on-the-Canal

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